

ASSOCIATION FOR EDUCATION AND AGEING (AEA)
ANNUAL CONFERENCE 2019

in association with the Centre for Lifelong Learning, University of Strathclyde
Thursday October 10th 2019

Venue: University of Strathclyde, Graham Hills Building
40 George Street, Glasgow, G1 1QE

PROGRAMME

11.00 Informal roundtable discussion on current issues in later life learning

(12.00 Lunch available for purchase in nearby eating places)

13.00 Annual General Meeting of AEA *(open to all)*

14.00 Welcome from Alix McDonald, Head of The Centre for Lifelong Learning and brief introduction to the CLL within an Age-Friendly University.

14.15 – 15.15 Workshop: *Emotions in Later Life - Celebrating Ourselves*



Dr. Val Bissland, University of Strathclyde.

Positive self-reviews are good predictors of happiness. When we feel good about ourselves, we unconsciously act in ways that confirm those beliefs. The opposite is true and believing ageing is dominated by decline and loss can trigger emotions of hopelessness and despair. Learn four ways to celebrate your life now.

15.15 Refreshment break

15.35 – 16.45 **Frank Glendenning Memorial Lecture: *50 Years of Older Adult Learning: Successes, Limitations and Promises***



Dr Marvin Formosa, Professor of Gerontology, University of Malta.

In the 1970s many organisations concerned with the lack of learning opportunities for older people were established e.g. Elderhostel and the Bernard Osher Foundation in the USA and universities of the Third Age in Europe. Such initiatives have surely improved the quality of life and wellbeing of participants, but there are questions to be asked. This lecture charts the successes, limitations and promises of older adult learning during the last half century.

All welcome

Free of charge

Go to [Eventbrite.co.uk](https://aeaconference.eventbrite.co.uk) to book a place <https://aeaconference.eventbrite.co.uk>

See <http://www.associationforeducationandageing.org/aea-events.html> for suggestions on travel and accommodation options or contact valbissland@gmail.com

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